



WELCOME!

Upon scheduling with our center, you will receive a link in your email or a text to our Online Portal. Please click on this link and follow the instructions. This Online Portal must be completed prior to your day of surgery.

There is also one document in this packet that you will need to complete by hand called, "Patient Registration". Please fill out this form and bring it with you on the day of surgery.

Our office will contact you 1-3 business days prior to your surgery to provide a time to report for surgery.

IF OUR OFFICE HAS NOT BEEN IN CONTACT WITH YOU BY 4:00pm THE BUSINESS DAY PRIOR TO SURGERY, PLEASE CONTACT OUR PRE-OP LINE (435) 525-2232 TO CONFIRM YOUR CHECK-IN TIME, IF NO ONE ANSWERS LEAVE YOUR NAME, BIRTHDAY, DATE OF SURGERY AND WHO YOUR PHYSICIAN IS.

If we are unable to speak with you or a family member by 4:30pm the business day prior to surgery, your surgery will be cancelled, and you will need to reschedule with your doctor. If you know that you will not be available the business days prior, please contact our office to make special arrangements.

When you report for surgery, please bring your cell phone along with the following items:

- **Patient Registration**
- **Photo Identification & Insurance Cards**
- **If Payment is due, we accept cash or card, no checks**

Thank you for choosing St George Surgical Center, we look forward to serving you!

585 E. Riverside Dr. #100 St George Utah 84790 Main (435) 673-8080

676 S. Bluff St. #100 St George Utah 84770 Main (435) 673-8080 **[GI Patients]**



Many of the questions and instructions included on this sheet will be covered in the Online Portal. If you have questions about any of these items, please ask our office at that time.

- ✓ Adults: nothing to eat or drink after midnight the night prior to your surgery.
- ✓ Children: no solid food after midnight. Clear liquids (including breast milk) up to 4 hours before surgery.
- ✓ Do you take a GLP-1 Agonist such as Ozempic, Victoza, Rybelsus, etc.?
 - Do you take this via injection or by mouth?
 - If taken by injection, you must stop the injection for 1 week prior to surgery.
- ✓ Remove any jewelry and shower the morning of surgery with an antibacterial soap, such as Dial.
 - After your shower, nothing in your hair or on your skin, for example: hair products, lotion, deodorant, make-up, or perfume/cologne
 - Make sure your hair is dry before coming in for surgery.
- ✓ Do you have a Latex or Tape allergy or sensitivity?
- ✓ If you take any blood thinners, including blood thinning supplements, please contact your doctor immediately.
- ✓ Do you take Blood Pressure or Heart Medications?
 - Please take all regular Prescription medications the morning of surgery with a sip of water.
 - DO NOT take any Diabetes medications, or vitamins.
- ✓ Do you take a diuretic or water pill?
 - If you take a water pill and are having general anesthesia, you must obtain a Potassium blood test within 72 hours of surgery.
 - Please contact your Doctor's office immediately
- ✓ Are you Diabetic?
 - Please bring your insulin with you on the day of surgery.
 - DO NOT take any diabetic medications on the day of surgery, including insulin or pills.
- ✓ Do you have Asthma, Sleep Apnea, or other Respiratory Problems?
 - If you use an inhaler, please bring it with you.
 - If you use a CPAP machine and will be staying overnight, either at the Surgical Center or a hotel, please bring your CPAP.
- ✓ Do you wear contact lenses?
 - If so, please remove on the day of surgery and wear glasses.
- ✓ Please wear clothing appropriate to the procedure.
 - You will be asked to remove clothing and put on a hospital gown for your procedure.
- ✓ Please leave all valuables at home or with your family member.
 - This includes: wallet, purse, keys, cash, etc.
 - Please BRING your cell phone
- ✓ Do you have an Advance Directive? If so, please bring with you on the day of surgery.
- ✓ Are you currently having or have you had any of the following symptoms in the two weeks: Fever (101.5 or greater) cough, congestion, sore throat, weakness, muscle pain, headache, vomiting, diarrhea, abdominal pain, or abnormal bleeding.
- ✓ If you are having any type of anesthesia or sedation you will need a responsible party over the age of 18 to drive you home and stay with you for 24 hours following surgery. Please make the appropriate arrangements for care after your surgery. Be prepared at check-in to provide the person's name and phone number who will be driving you home. **We cannot discharge you to a taxi or Uber driver.**

Please know that surgery times are estimates. Please do not make any other plans on the day of surgery. Please keep your cell phone turned on and close to you, as it may be necessary to adjust arrival time (earlier or later).